

# Electroanalysis of urinary L-dopa using tyrosinase immobilized on gold nanoelectrode ensembles

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**Abstract** The performance of an amperometric biosensor constructed by associating tyrosinase (Tyr) enzyme with the advantages of a 3D gold nanoelectrode ensemble (GNEE) is evaluated in a flow-injection analysis (FIA) system for the analysis of Levodopa (L-dopa). GNEEs were fabricated by electroless deposition of the metal within the pores of polycarbonate track-etched membranes. A simple solvent etching procedure based on the solubility of polycarbonate membranes is adopted for the fabrication of the 3D GNEE. Afterwards, enzyme was immobilized onto preformed self-assembled monolayers of cysteamine on the 3D GNEEs (GNEE-Tyr) via cross-linking with glutaraldehyde. The experimental conditions of the FIA system, such as the detection potential ( $-0.200$  V (vs. Ag/AgCl)) and flow rates ( $1.0$  mL min $^{-1}$ ) were optimized. Analytical responses for L-dopa were obtained in a wide concentration range between  $1 \times 10^{-8}$  mol L $^{-1}$  and  $1 \times 10^{-2}$  mol L $^{-1}$ . The limit of quantification was found to be  $1 \times 10^{-8}$  mol L $^{-1}$  with a resultant % RSD of 7.23% ( $n = 5$ ). The limit of detection was found to be  $1 \times 10^{-9}$  mol L $^{-1}$  (S/N = 3). The common interfering compounds namely, glucose ( $10$  mmol L $^{-1}$ ), ascorbic acid ( $10$  mmol L $^{-1}$ ), and urea ( $10$  mmol L $^{-1}$ ) were studied. The recovery of L-dopa ( $1 \times 10^{-7}$  mol L $^{-1}$ ) from spiked urine samples was found to be 96%. Therefore, the

developed method is adequate to be applied in the clinical analysis.

**Keywords** Gold nanoelectrode · Tyrosinase · L-dopa · Electrochemical biosensor

## 1 Introduction

Neurotransmitters are brain chemicals that communicate information throughout the brain and body, relaying signals between neurons. Catecholamine originates from a wide range of neural pathways by employing biogenic amines as neurotransmitters [1]. Levodopa (L-dopa) is an important precursor in the synthesis of dopamine. Dopamine cannot cross the blood–brain barrier and therefore, doesn't have the ability to reach the dopaminergic cells of the brain, while its precursor, L-dopa, can [2]. This is the basic reason for the medication of choice of L-dopa for the treatment of Parkinson's disease, and is mainly metabolized by L-dopa decarboxylase to dopamine, compensating for the deficiency of dopamine in the brain. The analysis of neurotransmitters is of substantial interest for the rapid and early detection of neural disorders and for the quality control of pharmaceuticals. Among several established methods, electrochemical techniques are attractive for the determination of L-dopa because of their high sensitivity as well as their applicability to real-time detection in biological samples [3, 4]. Electrochemical biosensors based on tyrosinase (Tyr) or polyphenol oxidase enzymes are considered as an alternative to the conventional techniques due to their simplified sample treatment, and the possibility of portable, economic, fast, and sensitive analysis [5–7]. Several research groups have investigated Tyr-based biosensors for the detection of phenols [8–10]. Tyrosinase-

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catalysed oxidation of tyrosine and other monohydric phenols involves *o*-hydroxylation followed by oxidation of the resulting dihydric phenol to the corresponding *o*-quinone in a single step without the release of the dihydric phenol intermediate. Usually, for amperometric detection of catechol, with L-dopa having the same base structure, the subsequent electrochemical reduction of *o*-quinone is quantified by measuring the reduction current at low potentials [11]. In recent years, several amperometric biosensors based on the inhibition of the activity of Tyr enzymes have been used [12]. A key factor in the construction of a biosensor is the need to achieve adequate and effective enzyme immobilization. Some of the common approaches that have been used for the immobilization of Tyr onto various substrates include carbon paste immobilization [9, 13, 14], sol–gel immobilization [15], physical adsorption [16] and electrochemical entrapment of the enzyme within a polymer or a composite matrix [17]. However, some of these methods are relatively complex. Therefore, the search for a simple and reliable method to immobilize Tyr is of considerable interest. A wide variety of matrices, including inorganic materials, organic polymers, and other commercially available solid supports, have been explored for this purpose [18].

An electrode can be modified by gold nanomaterials in different ways to improve the performance of the biosensor. Gold nanoparticles provide an attractive way for the immobilization of biomolecules without affecting their bioactivity. Pingarron et al. [19] recently reported a review on gold nanoparticle-based electrochemical biosensors, in which gold-based enzyme biosensors are summarized. The adsorption of colloidal gold nanoparticles on a chitosan membrane could provide a multilayer gold-nanoparticle assembly providing a suitable microenvironment, which is similar to the native environment of biomolecules. Based on this approach, a disposable biosensor with good detection precision and storage stability was fabricated for the rapid detection of  $\text{H}_2\text{O}_2$  by entrapping horseradish peroxidase in a colloidal gold nanoparticle modified chitosan membrane [20, 21]. An electrochemical biosensor can profit by combining gold nanoparticles with inorganic or organic nanomaterials. An example of such a biosensor is a colloidal gold-carbon nanotube (Au-CNT) composite electrode using Teflon as the non-conducting binding material. The constructed biosensor showed significantly improved responses to  $\text{H}_2\text{O}_2$ , and the incorporation of glucose oxidase (GOD) into the new composite matrix allowed the preparation of a mediator-less glucose biosensor with a remarkably higher sensitivity than that from other GOD-CNT bioelectrodes [22].

Metal deposition inside nanoporous membrane templates has proven to be a versatile approach to the fabrication of freestanding metallic nanowires [23, 24]. In

general, nanoporous templates are widely available and relatively inexpensive. These templates permit the preparation of materials with a high degree of homogeneity and reproducibility [25, 26].

In this study, 3D gold nanoelectrode ensembles (GNEEs) were prepared and characterised for electrochemical detection. The GNEEs were subsequently modified with Tyr and used as the working electrode in an amperometric detector for flow-injection analysis (FIA). The FIA system was applied in the analysis of L-dopa in urine samples.

## 2 Materials and methods

### 2.1 Reagents and solutions

Trifluoroacetic acid ( $\text{CF}_3\text{COOH}$ ), tin(II) chloride ( $\text{SnCl}_2$ ), sodium hydrogencarbonate ( $\text{NaHCO}_3$ ), formaldehyde ( $\text{HCHO}$ ), methanol ( $\text{CH}_3\text{OH}$ , MeOH), L-dopa, glucose, urea and cysteamine, ammonia ( $\text{NH}_3$ ), ammonium hydroxide ( $\text{NH}_4\text{OH}$ ), Tyr (EC 1.14.18.1), bovine serum albumin (BSA), potassium nitrate ( $\text{KNO}_3$ ) (Sigma-Aldrich), nitric acid ( $\text{HNO}_3$ ) (65%), silver nitrate ( $\text{AgNO}_3$ ) (Carlo Erba), ethanol ( $\text{C}_2\text{H}_5\text{OH}$ , EtOH) (Pan-reac), glutaraldehyde (GA), dichloromethane ( $\text{CH}_2\text{Cl}_2$ ) (Fluka), sodium sulfite ( $\text{Na}_2\text{SO}_3$ ), sodium phosphate monohydrate ( $\text{Na}_3\text{PO}_4\cdot\text{H}_2\text{O}$ ), sodium dihydrogenphosphate ( $\text{NaH}_2\text{PO}_4$ ), potassium hexacyanoferrate (II) trihydrate ( $\text{K}_4[\text{Fe}(\text{CN})_6]\cdot 3\text{H}_2\text{O}$ ), potassium hexacyanoferrate (III) ( $\text{K}_3[\text{Fe}(\text{CN})_6]$ ) (Riedel-de Haën), ascorbic acid, ethyl acetate ( $\text{CH}_3\text{COOCH}_2\text{CH}_3$ , EtOAc), chloroform ( $\text{CHCl}_3$ ), and carbon tetrachloride ( $\text{CCl}_4$ ) (Merck) were used as received. The sodium gold sulfite solution ( $100\text{ g Au L}^{-1}$ ) ( $\text{Na}_3[\text{Au}(\text{SO}_3)_2]$ ) was obtained from Metakem. A urine sample from healthy volunteer was used for recovery studies.

All the electrochemical measurements were performed in  $0.1\text{ mol L}^{-1}$  phosphate buffered saline (PBS, pH 6.5) at room temperature ( $25\text{ }^\circ\text{C}$ ).

All solutions were freshly prepared with Type I deionised water ( $18.0\text{ M}\Omega\text{ cm}$ ) obtained from a Simplicity 185 (Millipore) water purification system.

### 2.2 Instrumentation

An Autolab PGSTAT12 Potentiostat/Galvanostat (EcoChemie, the Netherlands) was employed for the electrochemical studies. GPES (version 4.9, EcoChemie, the Netherlands) software was used to perform a variety of electroanalytical techniques.

For the voltammetric analysis the constructed GNEE was used as the working electrode, an Ag/AgCl reference electrode (Metrohm), and a platinum counter electrode (Metrohm) were used. These electrodes were inserted in an undivided 25-mL glass cell through a Teflon top. This cell

top also had purging and blanketing facilities for nitrogen with separate tubes to remove oxygen and to maintain an inert atmosphere in the head-space above the sample solution during the analysis. The purging and blanketing steps were controlled through the GPES software.

The FIA system consisted of a Gilson Minipuls-3 peristaltic pump, a Rheodyne 5020 injection valve ( $V_{inj} = 20 \mu\text{L}$ ), a modified Metrohm 656 wall-jet detection cell, and an Autolab PGSTAT 12 potentiostat/galvanostat. To connect the various components of the FIA set-up, Teflon tubing ( $d = 0.5 \text{ mm}$ ) and Teflon end fittings were used. In the wall-jet cell the working electrode was embedded along one wall of the channel, whereas the reference electrode ( $\text{Ag}/\text{AgCl}$ ) was placed on the opposite side. A platinum counter electrode was used to complete the electrical circuit.

SEM images were obtained using a scanning electron microscope (JEOL, Model FEI Quanta 400FEG/SEM/EDAX PEGASUS  $\times 4\text{M}$ ). The pH measurements were made using a pH meter (Crison, GLP 22).

## 2.3 Methods

A schematic representation of the construction of the biosensor is shown in Fig. 1. After their construction both GNEE types (un- and modified) were attached to a strip of conducting copper tape. A piece of insulation tape punched with a 6-mm diameter hole was placed onto the etched side of the membrane to ensure that the exposed area of the GNEE was identical for every analysis. The exposed area of the copper tape was also insulated to prevent contact with the electrolyte.

### 2.3.1 Preparation of the GNEE

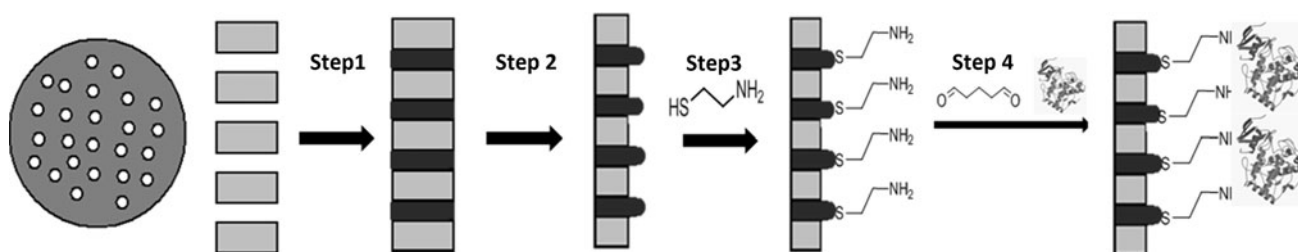
The gold plating solution was prepared according to a previous published study [24]: dissolution of 3.2014 g  $\text{Na}_2\text{SO}_3$ , 0.42005 g  $\text{NaHCO}_3$ , and 10 mL  $\text{HCHO}$  in 180 mL water. The pH of this solution was adjusted to 10 and the volume was adjusted to 200 mL by adding water. Twenty milliliters of this solution was mixed with 0.2 mL

of the  $\text{Na}_3\text{Au}(\text{SO}_3)_2$  solution and the pH of the resulting solution was again adjusted to 10.

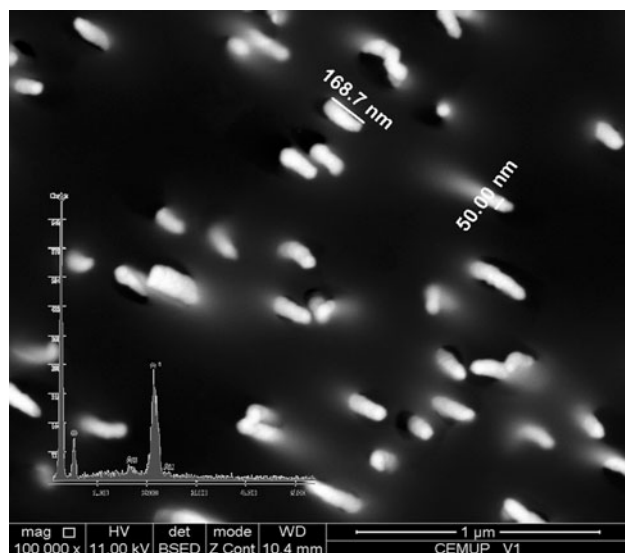
The used polycarbonate membranes (PC) (Whatman, UK) have a pore size of 50 nm, a pore density of approximately 6000 pores/ $\text{cm}^2$ , and a thickness of 6–14  $\mu\text{m}$ . The membranes were prepared for electroless deposition of gold by immersion in a mixture of MeOH and water (50:50), containing  $\text{SnCl}_2$  ( $0.026 \text{ mol L}^{-1}$ ) and TFA (0.6%, m/v), for 45 min. The membrane was removed from the  $\text{SnCl}_2/\text{TFA}$  solution, washed with MeOH for 10 min, activated by immersing it in an ammoniacal  $\text{AgNO}_3$  solution (obtained by adding a concentrated  $\text{NH}_4\text{OH}$  solution to 50 mL of a  $0.029 \text{ mol L}^{-1}$   $\text{AgNO}_3$  solution. The solution turned brown when one or two drops of  $\text{NH}_3$  were added and became colorless upon further addition of  $\text{NH}_3$ ) for 10 min, and thoroughly washed with MeOH to remove excess  $\text{AgNO}_3$ . The membrane was then placed, in a vertical position, in the gold plating solution for 24 h. The deposited gold on both sides of the membrane was gently removed using Q-Tips wetted with EtOH. The membranes were then immersed in 25%  $\text{HNO}_3$  for 12 h to remove the surface-bound chemicals from the gold plating solution. Finally, the membrane was heated at  $150^\circ\text{C}$ , the glass transition temperature of polycarbonate, for 10 min. This produces a watertight seal between the gold nanoarrays and the polycarbonate pore walls necessary to avoid creeping of the solution into the junction which leads to higher background currents [24]. At this time a gold-filled PC membrane (2D) was also prepared, which was not subjected to the etching procedure.

### 2.3.2 Etching procedure

The polycarbonate membrane (PC) was found to be highly soluble in chlorinated organic solvents such as  $\text{CCl}_4$ ,  $\text{CHCl}_3$ , and  $\text{CH}_2\text{Cl}_2$  and insoluble in MeOH, EtOH, and EtOAc. Since the solubility of the PC membrane in  $\text{CH}_2\text{Cl}_2$  can be regulated by mixing with EtOH, a solvent mixture of  $\text{CH}_2\text{Cl}_2$  and EtOH (50:50, v/v), was chosen as the most suitable etchant to produce the GNEEs, ultimately producing the GNEEs. Thus the surface of the gold-filled polycarbonate membrane was solvent wiped with a cotton



**Fig. 1** Schematic representation of the biosensor's (GNEE-Tyr) construction. *Step 1* Electroless gold deposition in PC membrane pores. *Step 2* Partial etching and exposing gold nanoarrays. *Step 3* Self assembled monolayer formation. *Step 4* Tyr immobilisation by glutaraldehyde



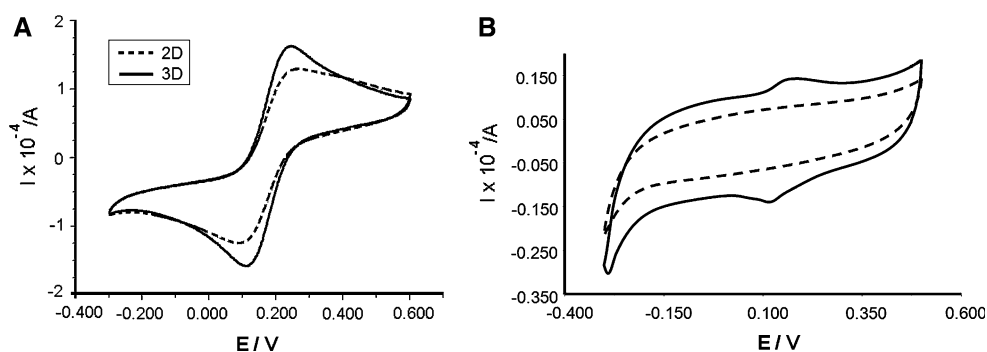
**Fig. 2** SEM image of 3D GNEEs. Inset EDX spectrum of gold-filled PC membrane

tip dipped in a 50:50  $\text{CH}_2\text{Cl}_2/\text{EtOH}$  mixture, immediately followed by a dry wipe of the surface with a dry cotton tip.

### 2.3.3 Enzyme immobilization

The enzyme's immobilization process started with the introduction of amine functionalities on the gold surface by the chemisorption of cysteamine ( $0.02 \text{ mol L}^{-1}$ , 18 h) using EtOH as solvent. The resulting aminated gold surface was modified by dipping it into a 2% GA solution for 2 h at room temperature. An aliquot ( $50 \mu\text{L}$ ) of Tyr solution ( $1 \text{ mg mL}^{-1}$  in PBS), was then placed on the surface of the modified gold nanoelectrodes and the sensor was placed at  $4^\circ\text{C}$  for 24 h. This Tyr-immobilized electrode was then rinsed with a pH 7.4 phosphate buffer to remove any non-immobilized enzyme. Enzyme electrode is then blocked with PBS containing 1% BSA for 15 min at  $25^\circ\text{C}$ , to prevent nonspecific adsorption of proteins. Finally enzyme electrode is washed with PBS 5 times and stored at  $4^\circ\text{C}$  until use.

**Fig. 3** **a** CV of a  $0.01 \text{ mol L}^{-1}$   $[\text{Fe}(\text{CN})_6]^{4-}/[\text{Fe}(\text{CN})_6]^{3-}$  solution in  $0.1 \text{ mol L}^{-1}$  PBS (pH 7.4) using the 2D GNEE (dotted line) and the 3D GNEE (solid line) at  $100 \text{ mVs}^{-1}$ . **b** CVs of GNEE-Tyr (solid line) and unmodified GNEE (dotted line) in  $0.1 \text{ mol L}^{-1}$  PBS (pH 6.5). Scan rate:  $50 \text{ mVs}^{-1}$



### 2.3.4 Sample preparation

Urine samples were deproteinized by adding  $1 \text{ mol L}^{-1}$  perchloric acid; the mixture was vortexed and centrifuged at 2000 rpm for 20 min.

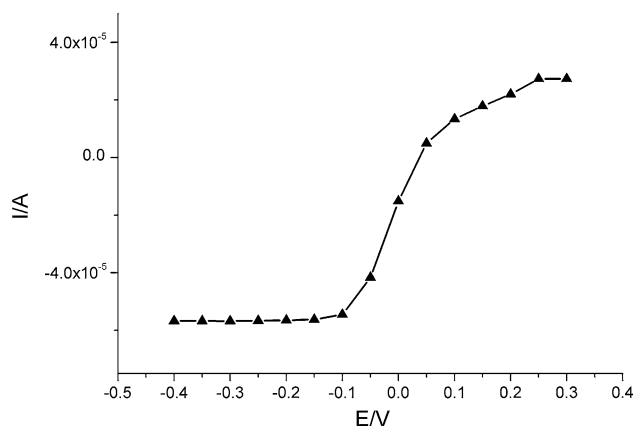
## 3 Results and discussion

Scanning electron microscopy (SEM) was used to analyse the surface of the 3D GNEE. This SEM surface image (Fig. 2) of the membrane shows gold nanowires with an average diameter of 50 nm and a length of  $180 \pm 20 \text{ nm}$ . It also shows the absence of voids on the surface, indicating that this method efficiently produces 3D GNEEs with protruding gold wires. Based on this image, the nanowire's density was found to be  $10 \text{ nanowires } \mu\text{m}^{-2}$ , which is in accordance with the declared pore density, thus confirming that each template pore was filled with gold. A good electronic conduction was established between the nanoelectrode ensembles and the copper tape, when the GNEE was connected to the external circuit. Since electrons are capable of penetrating through the finite thickness of the polycarbonate membrane, small portions of the gold nanowires in the angled tracks are visible. The results of energy dispersive X-ray (EDX) measurements are illustrated in the inset of Fig. 2. The higher gold EDX peak intensity of the etched membrane (3D GNEE), relative to a representative unetched membrane (2D GNEE), demonstrated that the area of each gold-filled pore in the membrane increased. The EDX results evidenced that this method minimized the chemical contamination from the gold deposition process during the preparation of the GNEEs.

Cyclic voltammograms (CVs) of  $0.01 \text{ mol L}^{-1}$   $\text{K}_4[\text{Fe}(\text{CN})_6]$  and  $\text{K}_3[\text{Fe}(\text{CN})_6]$  in  $0.1 \text{ mol L}^{-1}$   $\text{KNO}_3$  using 2D and 3D GNEEs showed a higher sensitivity for the 3D GNEE (Fig. 3a). The very low double-layer charging current indicates the satisfactory sealing treatment between the conducting gold nanowires and the polycarbonate membrane. The peak-shaped CV is due to the close spacing ( $10 \text{ nanowires } \mu\text{m}^{-2}$ ) between the gold-filled pores in the

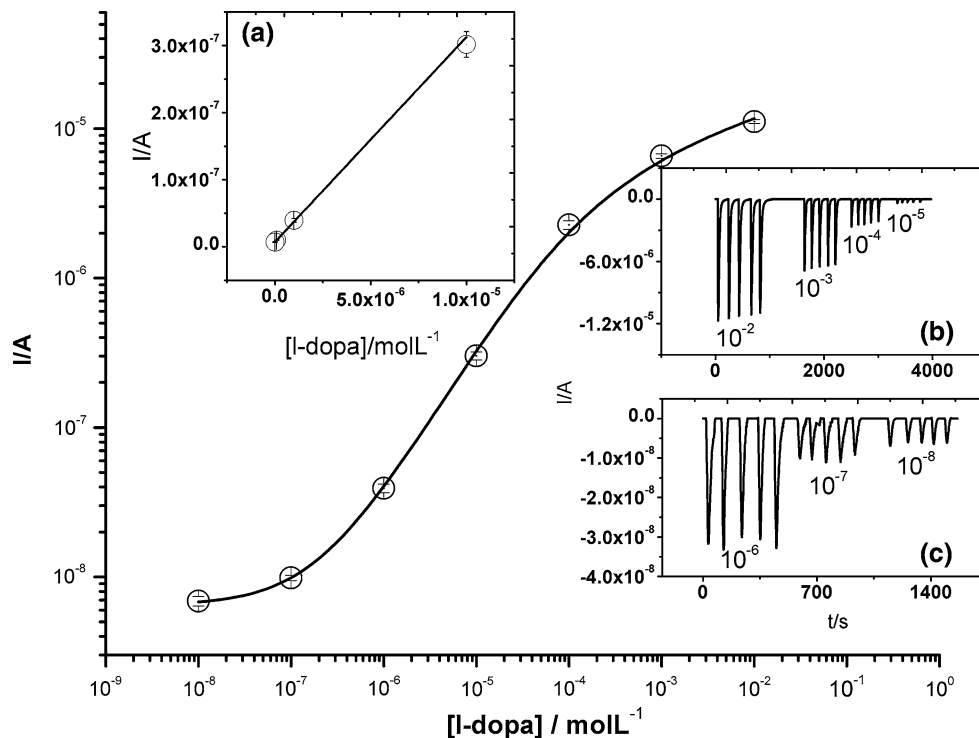
exposed geometric area so that the overlap of individual diffusion layers results in the creation of an apparent planar diffusion layer that extends over the entire GNEEs. Therefore, the GNEEs behave like a macro electrode with a surface area equal to the total surface area of the ensemble. The larger peak current of the 3D GNEE than 2D GNEE evidenced the formation of 3D GNEE. The smaller peak separation values at the 3D GNEE could be ascribed to a faster electron transfer process.

The difference between the CVs of the unmodified GNEE and the GNEE-Tyr illustrates that Tyr has successfully been immobilized on the GNEE surface (Fig. 3b).



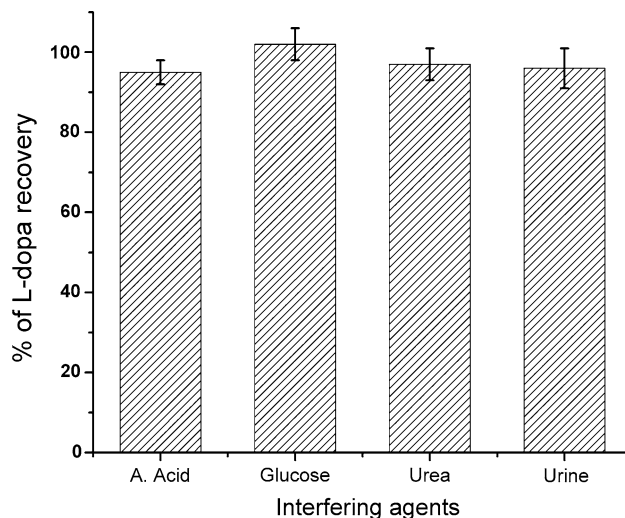
**Fig. 4** Effect of the detection potential for the detection of L-dopa in PBS (pH 6.5) at GNEE-Tyr

**Fig. 5** Dose response curve for L-dopa under optimised conditions. *Inset a* Linear fit of L-dopa from  $10^{-8}$  to  $10^{-5}$  mol L $^{-1}$ ; *Insets b, c* FIA responses for consecutive injections of L-dopa solutions ( $10^{-3}$ – $10^{-8}$  mol L $^{-1}$ ) in PBS (pH 6.5)



The reversible redox peak for the GNEE-Tyr centered at  $E_{1/2}$  0.143 V corresponds to the  $\text{Cu}^{2+}/\text{Cu}^{+}$  redox center of the Tyr molecules.

The FIA system used in the determination of the L-dopa was optimized using the univariate method to improve its analytical performance. The working electrode (GNEE-Tyr) was operated at a desired potential and the transient currents were allowed to decay to a steady-state value. The effects of applied detection potential for L-dopa determination were



**Fig. 6** Recovery studies of  $10^{-6}$  mol L $^{-1}$  L-dopa spiked in interferences  $10$  mmol L $^{-1}$  of ascorbic acid,  $10$  mmol L $^{-1}$  glucose,  $10$  mmol L $^{-1}$  urea and urine samples



**Table 1** Comparison of analytical performance of different electrochemical sensors for L-dopa determination

Electrode type	Range of determination mol L <sup>-1</sup>	Limit of detection mol L <sup>-1</sup>	Ref.
GNEE-Tyr	$1 \times 10^{-8}$ – $1 \times 10^{-3}$	$1 \times 10^{-9}$	Present paper
Modified pencil graphite	$2 \times 10^{-5}$ – $1 \times 10^{-4}$	$1.54 \times 10^{-6}$	[11]
Nickel hexacyanoferrate film modified gold nanoparticle graphite composite	$0.82 \times 10^{-6}$ – $2.5 \times 10^{-3}$	$0.53 \times 10^{-6}$	[27]
Modified pyrolytic graphite electrode	$0.1 \times 10^{-6}$ – $150 \times 10^{-6}$	$50 \times 10^{-9}$	[28]
GNEE	$2.5 \times 10^{-8}$ – $1.5 \times 10^{-6}$	$1.5 \times 10^{-8}$	[23]

studied at selected working potentials, ranging from  $-400$  to  $+300$  mV. The maximum current response was found at  $-0.200$  V and selected as optimum for all subsequent analysis (Fig. 4).

The effect of the flow rate on the L-dopa determination was studied between  $0.5$  and  $1.6$  mL min<sup>-1</sup>. The results showed that flow-rates higher than  $1$  mL min<sup>-1</sup> were unsuitable because of a large pressure build-up in the system; however, lower flow-rates were associated with lower sampling rates. Therefore,  $1$  mL min<sup>-1</sup> was set as the optimal value for further studies.

Calibration graphs were obtained through the analysis of L-dopa standard solutions ranging from  $10^{-2}$  to  $10^{-8}$  mol L<sup>-1</sup>, which are within the therapeutic range. The calibration plot (Fig. 5) demonstrates the relationship between the current responses against the analyte concentration. The plotted points represent the average of at least five independent replicates per standard. The inset Fig. 5a shows a linear current response for L-dopa between  $10^{-5}$  and  $10^{-8}$  mol L<sup>-1</sup> with  $r^2 = 0.996$ . The limit of quantification (LOQ) was found to be  $1 \times 10^{-8}$  mol L<sup>-1</sup> with a resultant % RSD of  $7.23$  ( $n = 5$ ).

The limit of detection (LOD) was defined as the lowest concentration of L-dopa that produced a signal, which was three times greater than the standard deviation of the current in the absence of analyte under identical conditions and corresponded to  $1 \times 10^{-9}$  mol L<sup>-1</sup>. The stability of the GNEE-Tyr was studied using the conditions mentioned above. For additions of  $10^{-6}$  mol L<sup>-1</sup> L-dopa solutions a response time of about  $10$  s was observed. The electrodes were stable for more than a month, when stored at  $4$  °C.

The effect of some possible interfering substances on the GNEE-Tyr biosensor was also studied. Glucose, ascorbic acid, and urea, which are usually present in samples containing L-dopa, are known to interfere in electrochemical measurements at this potential. The presence of  $10$  mmol L<sup>-1</sup> glucose,  $10$  mmol L<sup>-1</sup> ascorbic acid and  $10$  mmol L<sup>-1</sup> urea did not show significant interferences on the analytical spike and recovery of  $10^{-6}$  mol L<sup>-1</sup> L-dopa (Fig. 6). Therefore, it can be concluded that the developed GNEE-Tyr had a good selectivity and sensitivity for L-dopa

determination. Recovery studies were performed by spiking a known amount of L-dopa in urine. An average recovery of  $96\%$  was found (Fig. 6). Analytical performance of different electrochemical sensors for L-dopa determination is compared in Table 1.

#### 4 Conclusions

In the present study 3D gold GNEEs were constructed for electrochemical measurements. Compared with 2D GNEEs, the 3D GNEEs significantly enhanced the current response in cyclic voltammetry. Tyr was immobilized on the GNEEs surface for the amperometric determination ( $E = -0.200$  V vs. Ag/AgCl) of L-dopa in a FIA system. The biosensor showed a good relationship between L-dopa concentration and current in the concentration range from  $10^{-2}$  to  $10^{-8}$  mol L<sup>-1</sup>. The advantage of the GNEEs is an enhanced signal-to-background current ratio, leading to lower limits of detection. In this case, an LOD of  $1 \times 10^{-9}$  mol L<sup>-1</sup> ( $S/N = 3$ ) was achieved. There were no significant interferences from glucose, ascorbic acid and urea on mol L<sup>-1</sup> L-dopa was observed. The developed biosensor was successfully applied to the determination of L-dopa in spiked urine samples. Based on this study, the 3D GNEE-Tyr is a promising sensor for use in the clinical analysis.

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